

Ruth

Free Bible lesson for under 5s



Introduction

In this week's lesson, we learn about Ruth who lived during the time of the judges. Her story is found in the book of Ruth. Some of the key points we will examine are—

- God rewards us when we trust and follow Him.
- God is faithful.
- God can use difficult situations to take us to a better place.
- We should serve God well in the little things.
- God has a redeemer for us.

Video playlist



Lesson guide

Talk about what a famine means. Explain that Naomi and her family had to travel a long way to find food. Talk about how they went to a foreign country that was very different from their own and that the people there did not worship the true God. Then talk about how Ruth followed Naomi back to God's people and land. Think about how hard it might be to live in a foreign land.

Pick out a country together. (Spin a globe, look up missionaries supported by your church, etc.) After the country is selected, look up a few pictures. Pick out a recipe from that country, make it, and eat it together. Discuss how the houses, trees, flowers, etc. are different. Then point out that no matter how different countries are, people all over the world need to believe in Jesus to be saved. Commit with your child to praying for "your" country for a week or longer.

Talk about how Ruth was faithful in the little things like collecting the grain. Ask your child how they would "fix" the world. Have fun talking about ways to make people happy—such as giving everyone a free cookie/biscuit. Then point out that although we cannot do this for everyone in the world, we can do little things such as giving neighbors or friends cookies. Remind the child of some of the small things they struggle to do (make their bed, pick up toys, etc.). Talk about how they need to learn to be faithful in doing those things before you will let them do tasks that require more responsibility.

Remind the child that God can use difficult times to take us to a better place. If possible, take a trip to a hill. Climb the hill together. Point out how it might seem like the path is long or steep. When you reach the top, point out how far you can see and share a special treat together as you look at the view. Explain how sometimes the path might seem hard, but the reward is worth it.

Think about what a redeemer means. Talk about how you "redeem" items at the grocery store when you pay the purchase price. Explain that Jesus is the Redeemer, and He came to earth to pay the purchase price for us.

Pray together and thank Jesus for being a redeemer and ask Him to save the people all around the world.

1



Ruth and Naomi lived in a place called Moab. Naomi was Ruth's mother-in-law.

Naomi said she was going back alone to her home in Bethlehem.

Ruth said she would never leave Naomi and would go with her.

She said, "Your people will be my people, and your God will be my God."

2



When they arrived in Bethlehem, they were very poor.

Naomi told Ruth to go the the field and pick up any leftovers.

Ruth worked really hard all day long.

She picked up every little bit of food she could find.

3



The owner of the field was a man called Boaz.

He helped Ruth.

He told his workers to drop extra food for her and Naomi.

Later, they feel in love.

Boaz wanted to marry Ruth, but he had to ask permission to redeemer her.

4



Boaz and Ruth got married and had a son.

God blessed them and Naomi.

Everyone was really happy and thanked God for what He had done.

Games and Activities

Left overs

Explain how Ruth searched the fields for any left over dropped by workers.

Have a look around your kitchen for any left overs, little bits left in packets etc and try to make a meal together with your child.



Collect in your basket

Print out some pictures of wheat and drop them / hide them around an area.

Have your child try to collect as many of them as they can find in their basket.

You could use the basket from this week's craft or a regular bowl.

Vouchers

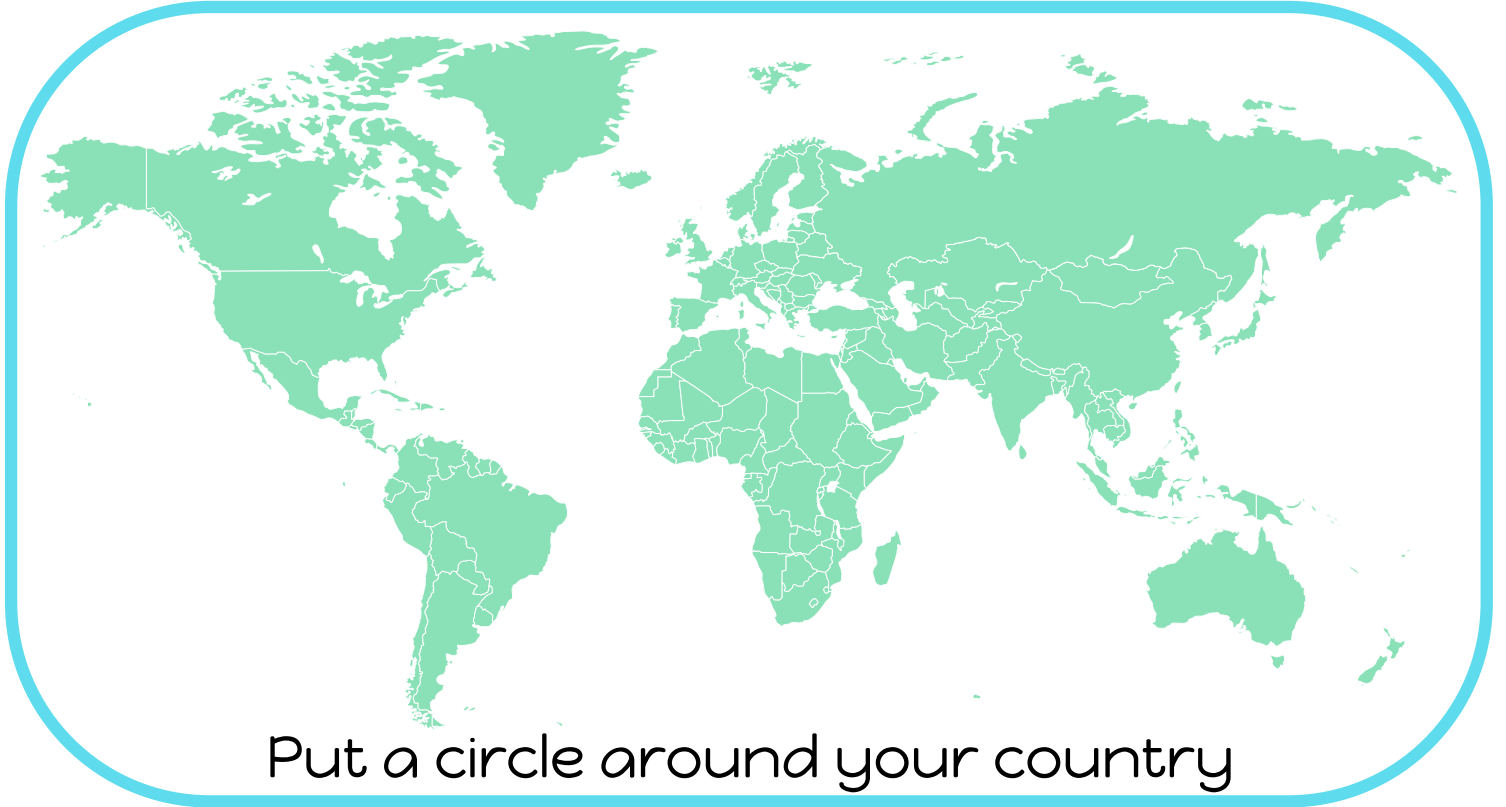
Search newspapers and local magazines for voucher and coupons with your child.

When you find some you like, cut them out together ready to use.

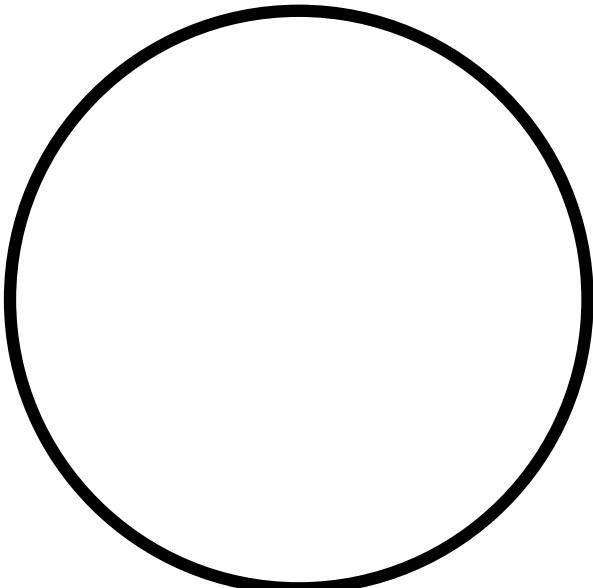
As you go to a store to use them, you can talk about how they need to be redeemed.



I live in

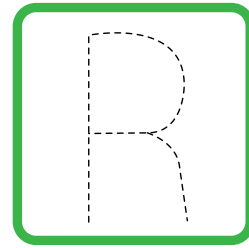


We like to eat



Rr

Rr Rr Rr



uth

Colour the words which begin with R



Your

God

will

be

my

God

.....
Cut out the words below and glue the above.

will

Your

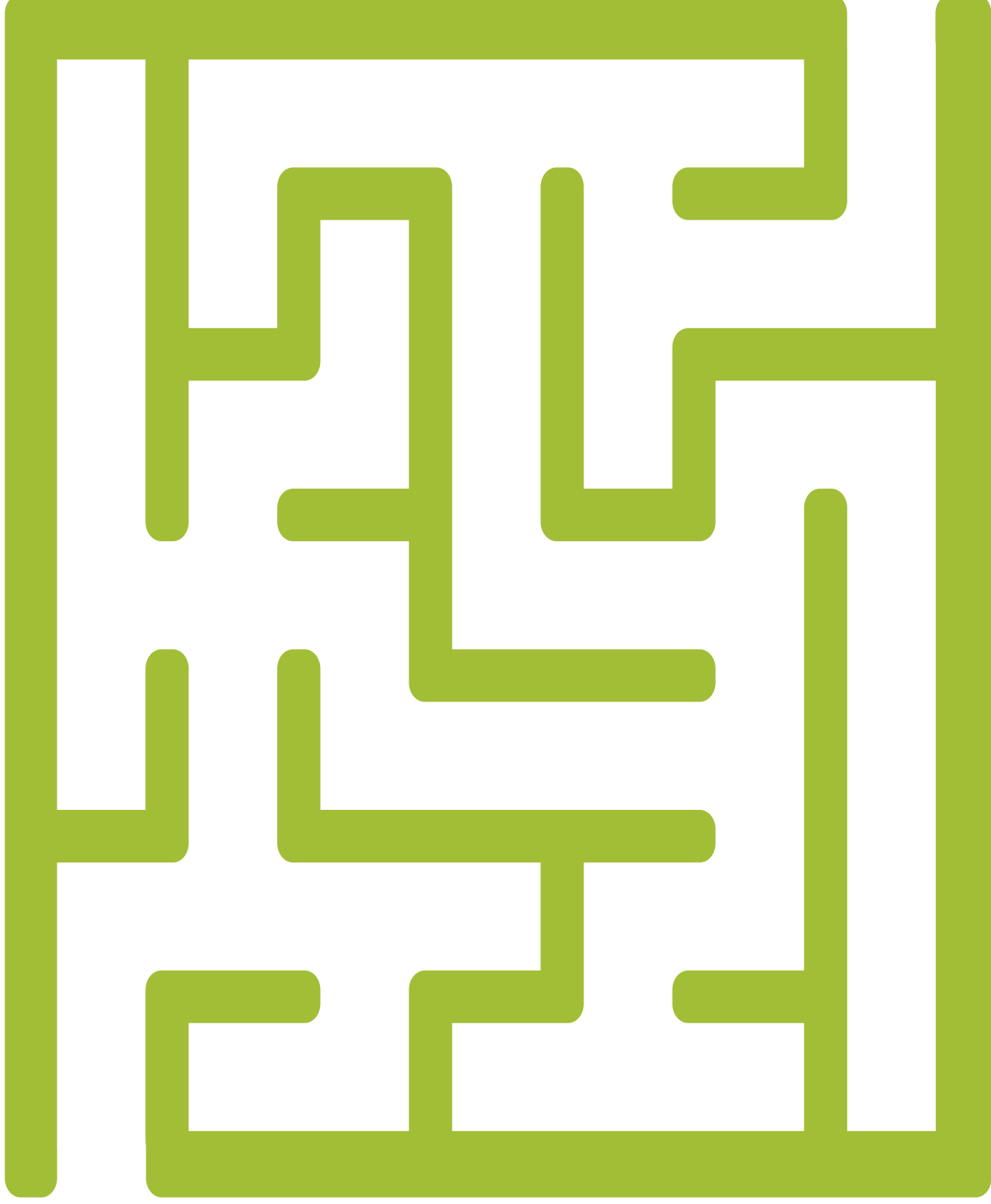
God

God

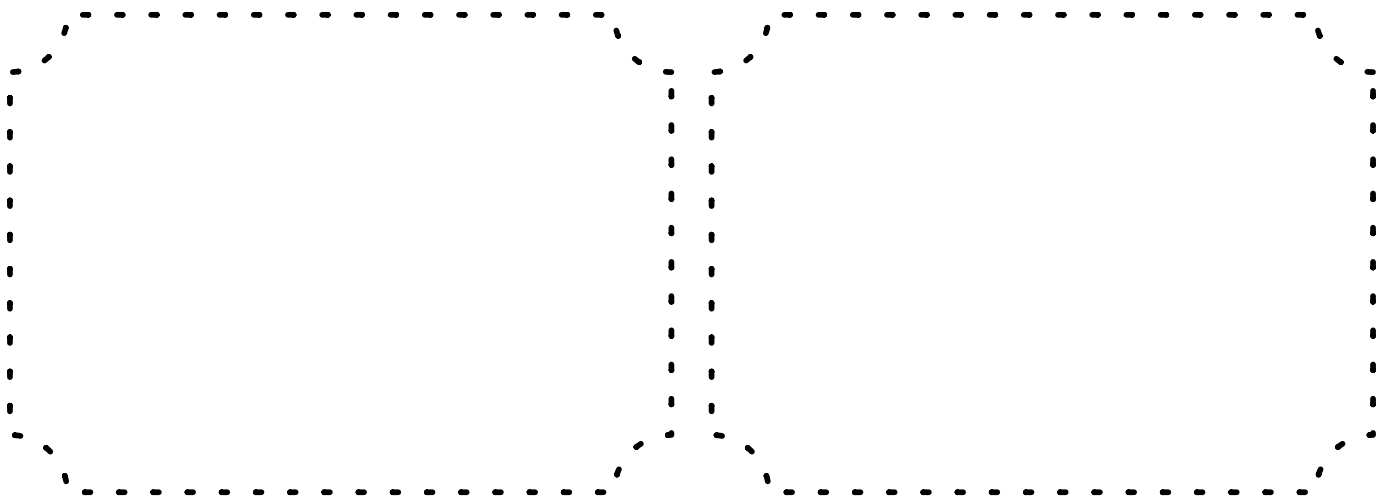
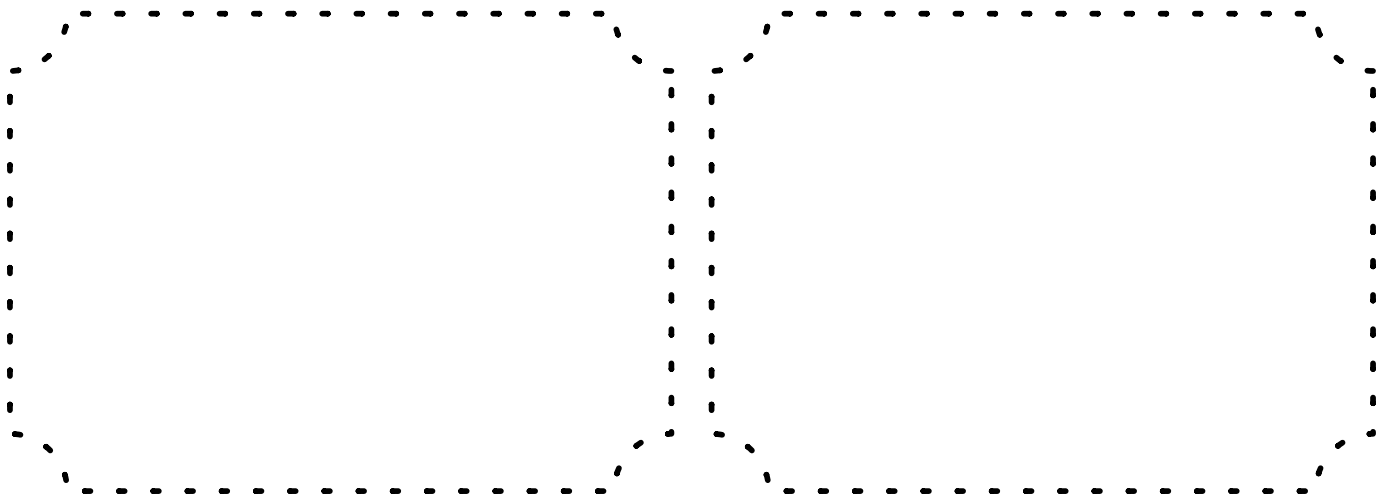
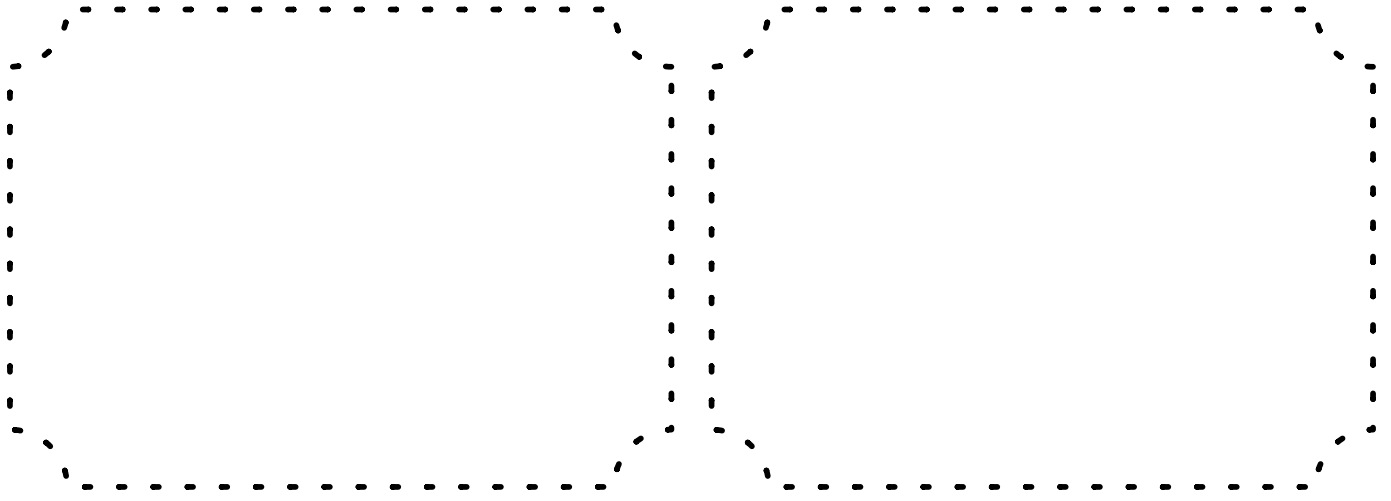
my

be

Help Naomi and Ruth travel back to Bethlehem



Make your own vouchers



Paper plate basket

Easy basket craft. Use to talk about Ruth collecting the grain. Full instruction video also included in playlist.

What you need

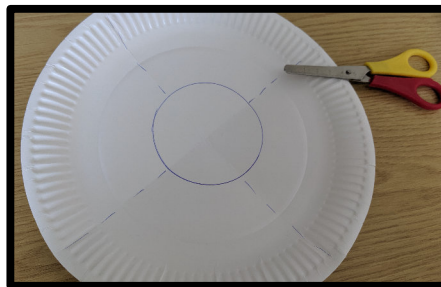
- 2 paper plates
- Glue (or staples)
- Scissors
- Paint
- Paintbrush



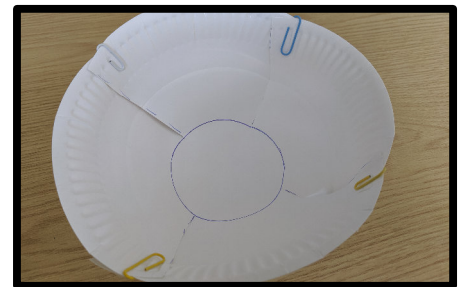
What to do



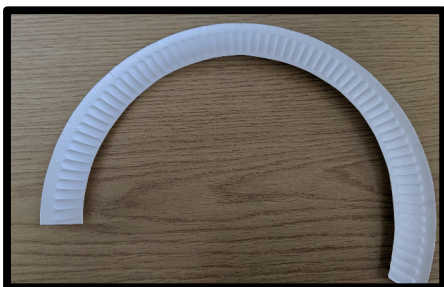
Fold a paper plate into 4 to create line and find centre



Draw around a cup to create a circle in the middle of the plate. Draw lines until the circle and cut



Glue or staple sections together to form a bowl. If using glue, Use paper clips to hold in place until dry.



Cut the rim off a second paper plate to create a handle.

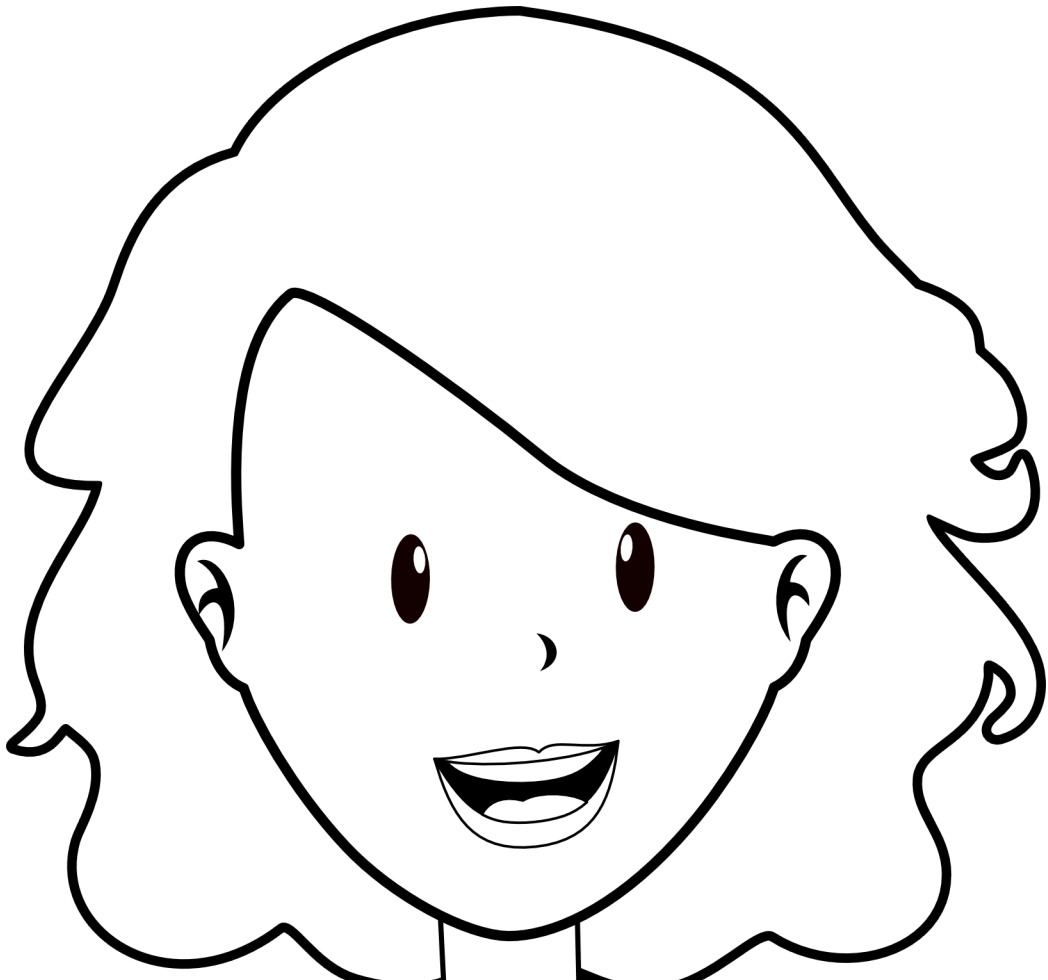


Glue or staple in place and allow to dry.



When glue is dry, decorate with paint.





Worship Time

My Redeemer lives

<https://youtu.be/YZ5v6SKLZtg>

God is so good

<https://youtu.be/eg3bvbDVUTg>

O Taste and See

<https://youtu.be/FJdFKYZRxcM>



Prayer Time

Thank God for the people He puts in our life to help us.

Thank God for sending Jesus to redeem us into His family.

Next Week

Hannah and Samuel
Uploaded 26th July 2019

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